Addressing Addiction, Fostering Attachment

with Emotionally Focused Therapy

November 3 & 4, 2017

Friday & Saturday, 9-5 12 CEU's

Smith College Conference Center 51 College Lane Northampton, MA

This two-day workshop is an advanced master class in Emotionally Focused Therapy designed to inform how addictive processes (chemical dependency as well as other non-chemical or process addictions) impact attachment bonds and how clinicians can successfully work with these couples and families.

So often in clinical work, we run across addictive processes that impact clients' ability to connect and establish secure attachment. We now have the tools to integrate an attachment-based focus in addressing addictions so that a new positive cycle can be created in couples and families to support sobriety, growth and healing.

Participants will:

- Gain a thorough understanding of how addictions can be seen through the lens of attachment
- Assess whether EFT can be beneficial in the face of active addiction
- Learn to assess and address both active addictive process and well as past addictive process
- Learn effective tools to address addiction and increase attachment security with EFT

This master class will be conducted by **Michael Barnett, LPC**, a certified supervisor and trainer in Emotionally Focused Therapy, and the founder and director of the Atlanta Center for EFT. Michael brings extensive experience in the addictions field and a passion for helping couples and families impacted by addiction.

Michael's focus and passion is working with couples and training other professionals who work with relationships. His interest in couple therapy began early in his career when he noticed that successful treatment healed not only the relationship, but helped individuals transform their core working models and sense of self. He concluded that effective couple therapy could facilitate the deepest levels of change for the individual as well as for the couple.

In addition to his clinical work, supervision and training, Michael is leading a research project that incorporates EFT into inpatient addiction treatment protocols at a leading alcohol and drug treatment center in Atlanta. He and EFT trainer Jim Thomas co-created this training module using EFT to treat couples on the addictive continuum in outpatient settings.

Super Early-Bird registration by June 1, 2017 . . . . $350
Early Bird Registration by September 15, 2017 . . . $375
Regular registration. $425

For more information contact:

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Presented by the Couple and Family Institute of New England and The Relationship Counseling Center.

Checks can be made out to:
CFINE (Couple and Family Institute of New England)

Please send to:
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